

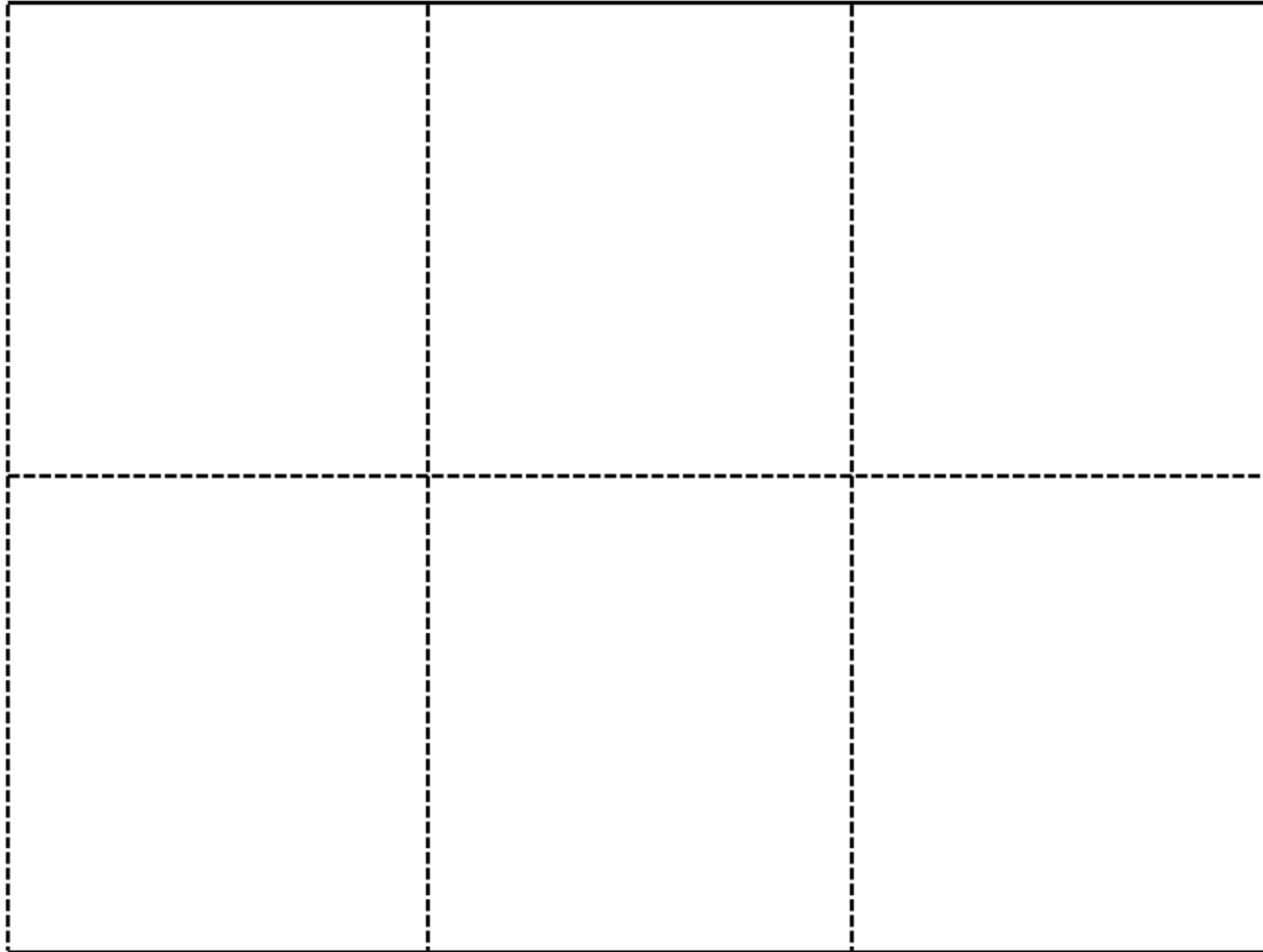
Hidden Picture

Use the Hidden Picture frame to cover the picture. Open the squares one at a time while students make predictions about the new topic.



Hidden Picture


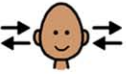

Use the Hidden Picture frame to cover the picture. Open the squares one at a time while students make predictions about the new topic.







Cut along the dotted lines to make flaps that can be opened to uncover the picture

Vocabulary

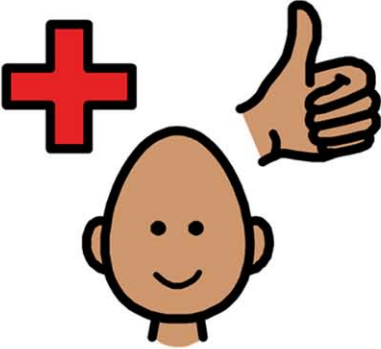
Put the words in the categories below.

 <p>I know it.</p>	 <p>I don't know it.</p>	 <p>I'm not sure.</p>
Empty space for sorting	Empty space for sorting	Empty space for sorting

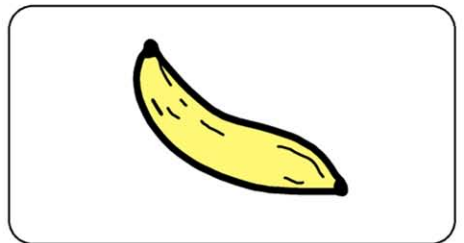
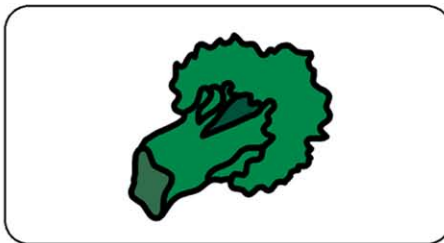
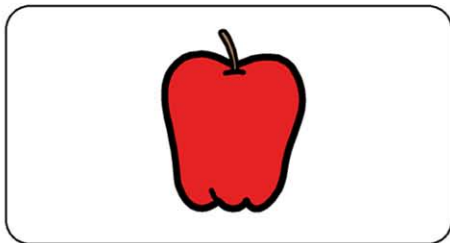


 <p>healthy</p>	 <p>peel</p>
 <p>snack</p>	 <p>cheese</p>

1. Read the definition together. Then read the word in a sentence.

 <p data-bbox="186 688 500 787">healthy</p>	<p data-bbox="630 289 1414 436">When something is healthy, it is good for you.</p>
	<p data-bbox="630 653 1414 800">Eating fruits and vegetables help to make you healthy.</p>

2. Circle the picture that helps you remember the word.



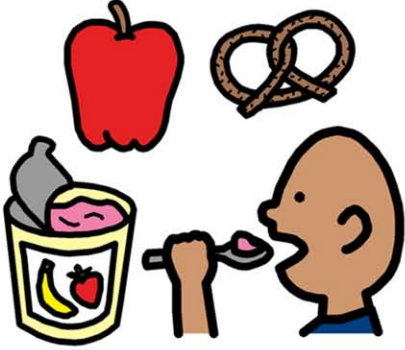
3. Tell somebody what you know about being healthy.

4. Use the words below to make a sentence.



apple	the	healthy	is
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1. Read the definition together. Then read the word in a sentence.

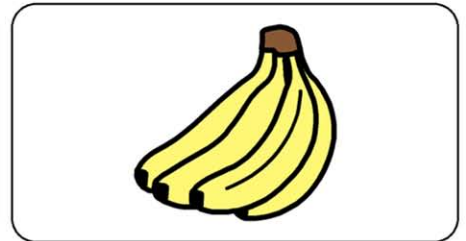
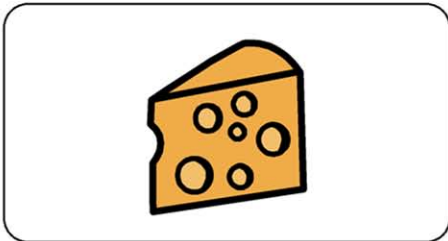


snack

A snack is a small meal you eat between big meals.

I like apples and peanut butter for a good snack.

2. Circle the picture that helps you remember the word.



3. Tell somebody what you like to have for snack.

4. Use the words below to make a sentence.



snack	is	cheese	the
-------	----	--------	-----

1. Read the definition together. Then read the word in a sentence.

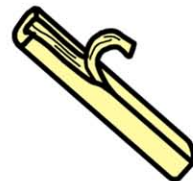


peel

When you peel something,
you take the outer part off
of something.

I like to peel bananas.

2. Circle the picture that helps you remember the word.



3. Tell somebody what you like to peel.

4. Use the words below to make a sentence.



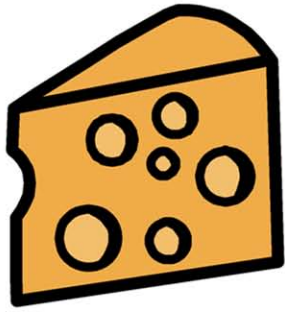
peel

lemons

a

have

1. Read the definition together. Then read the word in a sentence.

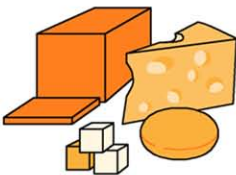


cheese

Cheese is a type of food made from milk.

I put cheese on my sandwiches.

2. Circle the picture that helps you remember the word.



3. Tell somebody if you like cheese.

4. Use the words below to make a sentence.



cheese

the

is

yellow

What is a Healthy Snack?



Lexile Level: BR-220



Eat all or just some.



Take one from your thumb.



What is a healthy snack?



There's the kind you can peel.



This one comes with wheels.



What is a healthy snack?



Put these on a stick.



Find some you can pick.



What is a healthy snack?



Add a man to your cheese.



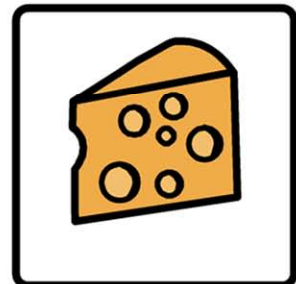
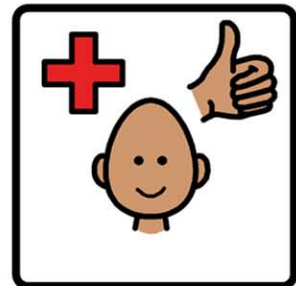
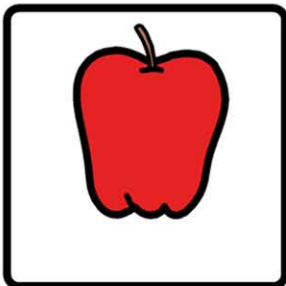
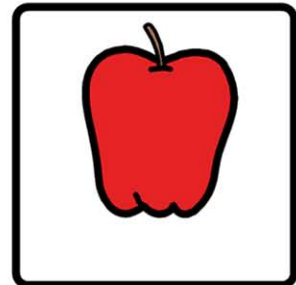
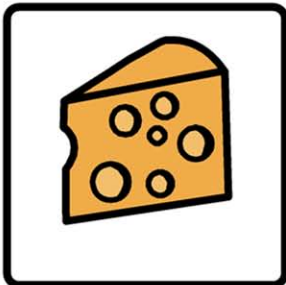
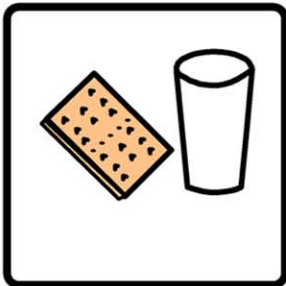
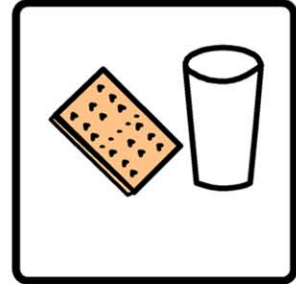
Or make some of these.



Go eat a healthy snack!

Matching

Draw a line between the matching items.



Ants on a Log

Follow the directions and make your own healthy snack.



Materials

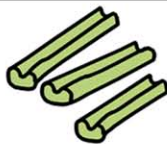
1. sharp knife



5. dish towel



2. celery



6. plate



3. nut or seed butter



7. butter knife



4. raisins

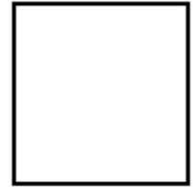


8. cutting board

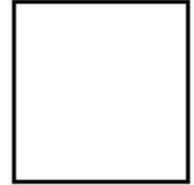


Directions

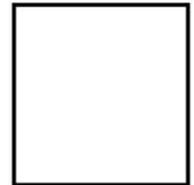
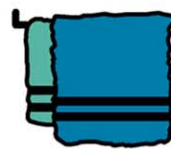
1. Chop the ends off of the celery on the cutting board.



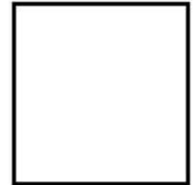
2. Rinse each celery stalk under water.



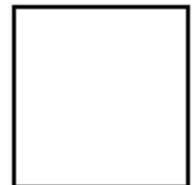
3. Dry each celery stalk with a dish towel.



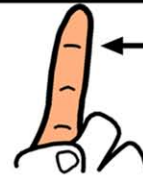
4. Spread nut butter onto each celery stalk.



5. Place raisins on top of the peanut butter.



6. Chop celery into finger-length pieces.



7. Place finger-length pieces onto plate.



8. Serve and enjoy.

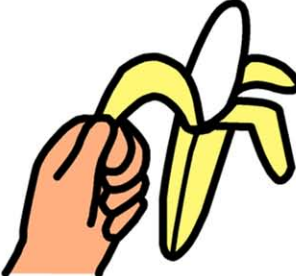


Bingo Playing Card




A red plus sign, a thumbs-up hand, and a smiling brown egg.

healthy



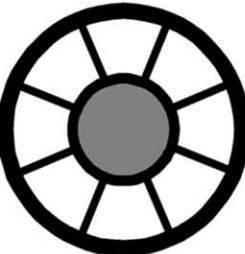
A hand peeling a yellow banana.

peel



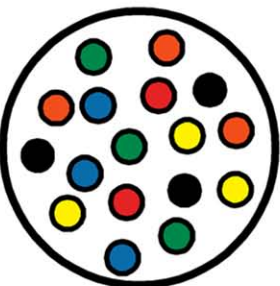
A rectangular cracker and a glass of milk.

snack




A black wheel with a grey center and spokes.

wheel




A circle containing many small, multi-colored dots.

all



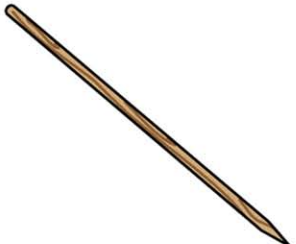
A hand placing a blue box on a surface, with an arrow indicating the direction of movement.

put




A collection of multi-colored dots next to a white, irregular shape.

some



A long, thin wooden stick.


stick



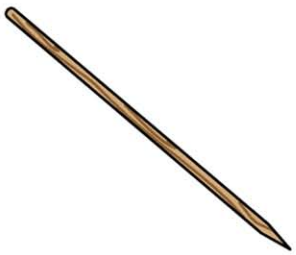
A woman in a pink apron cooking at a stove.

make

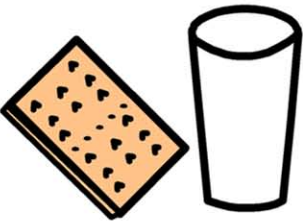
Bingo Playing Card



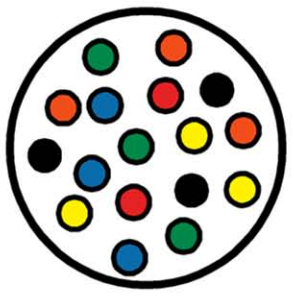
one



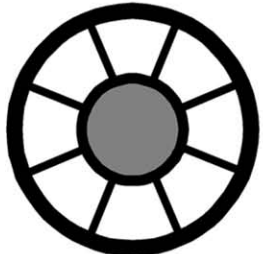
stick



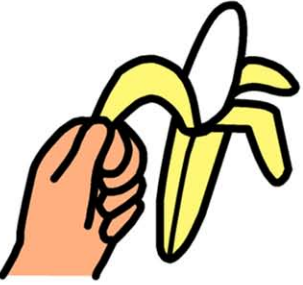
snack



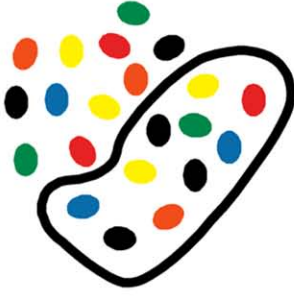
all



wheel




peel



some

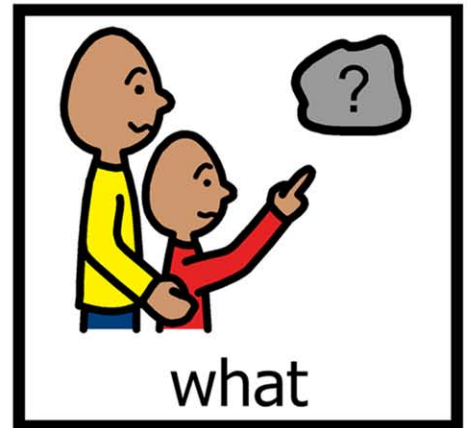
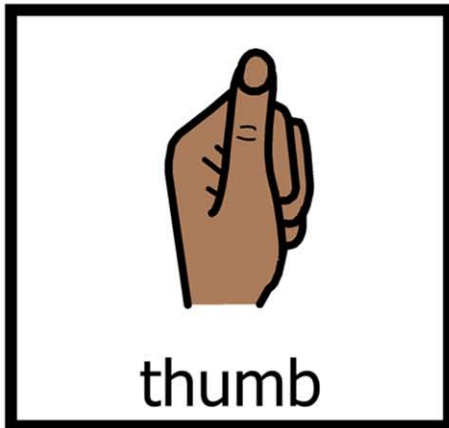
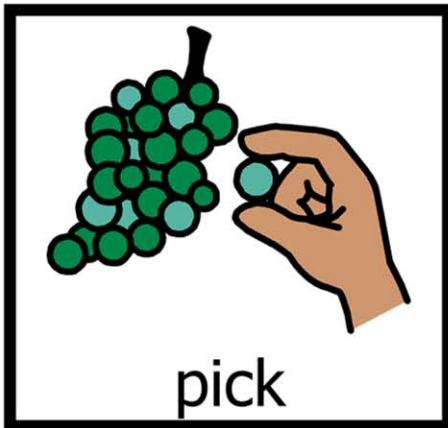
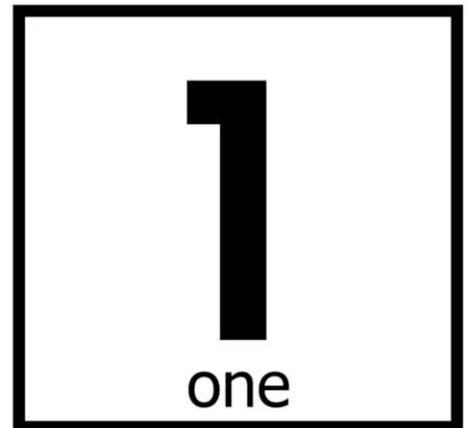
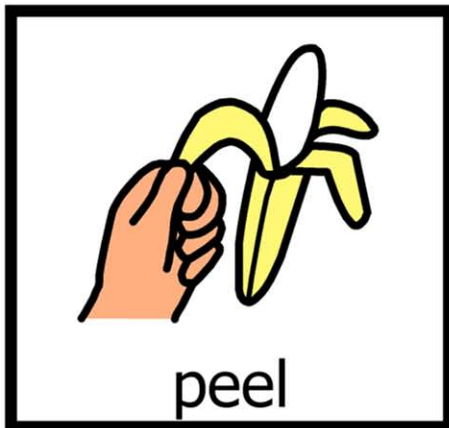
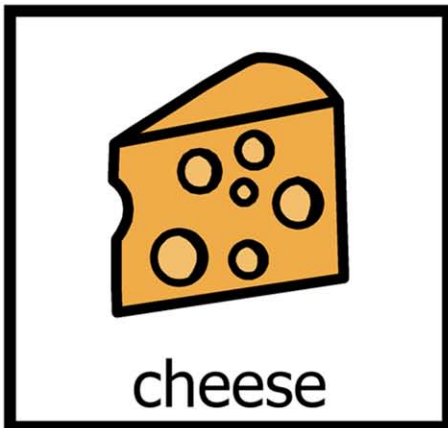
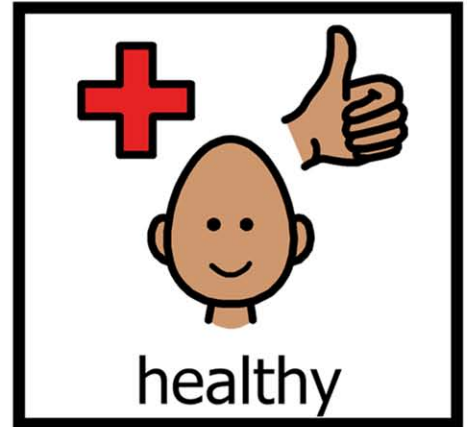
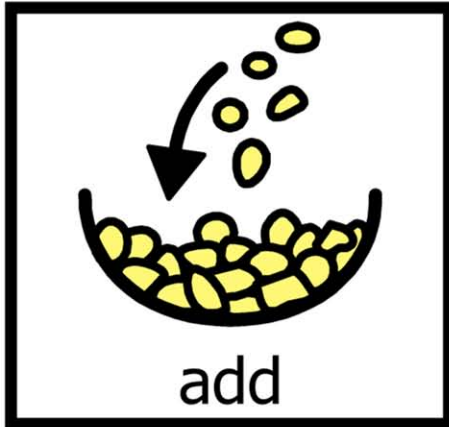
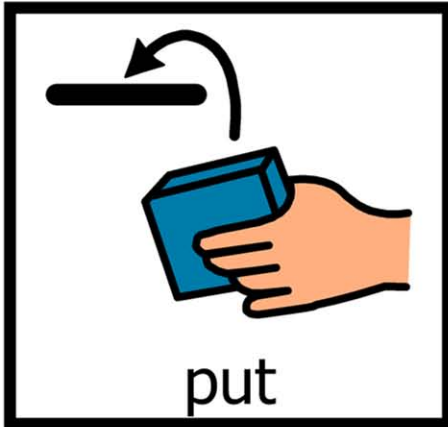


healthy

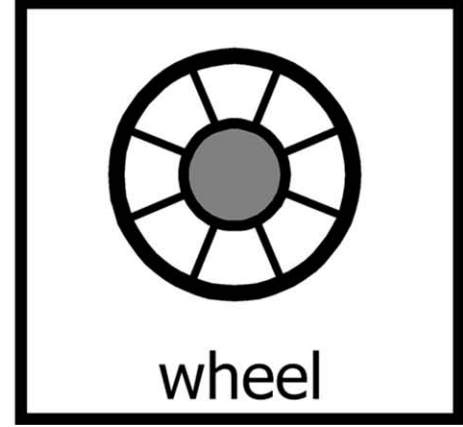
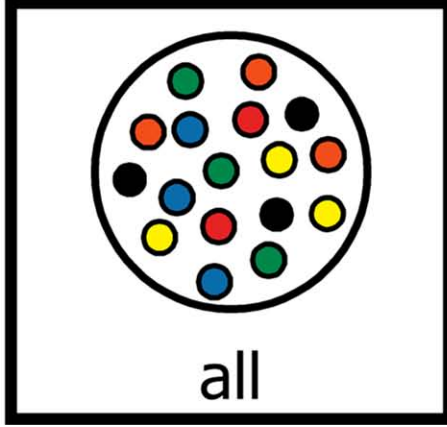
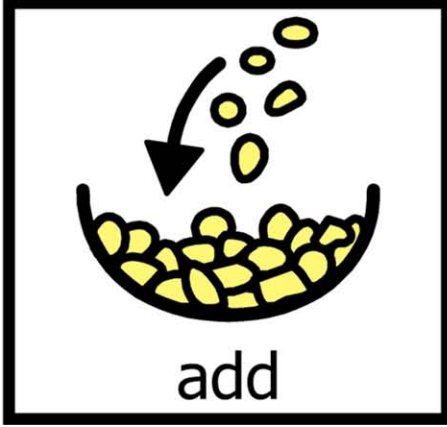
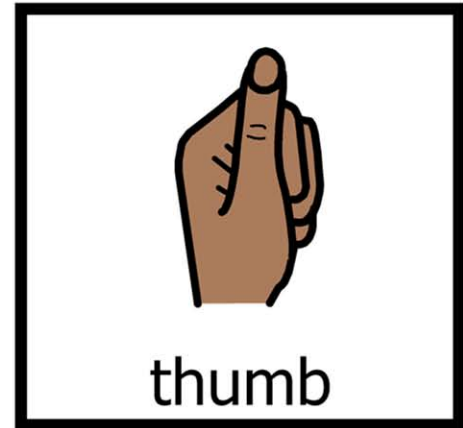
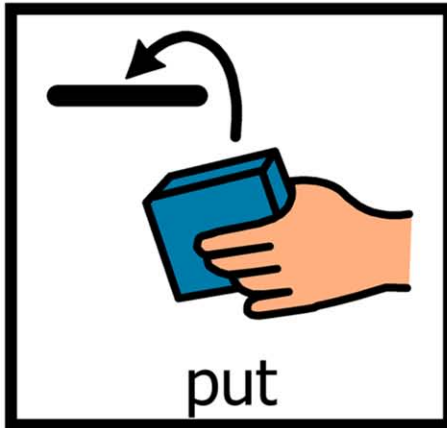
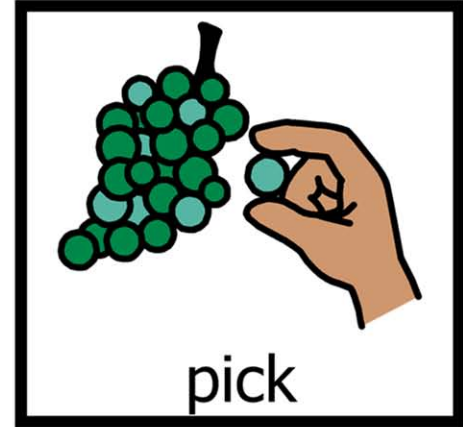
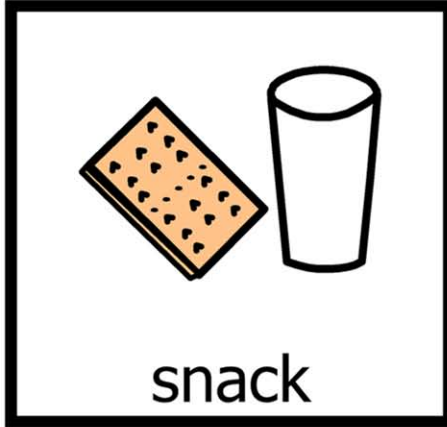
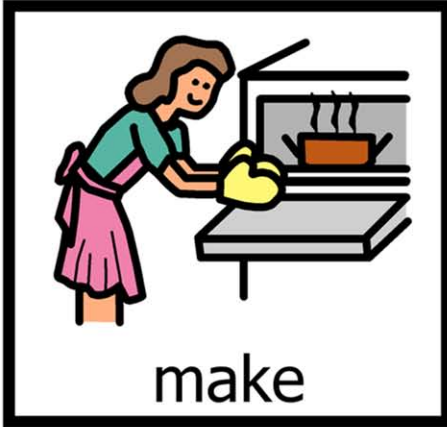


eat

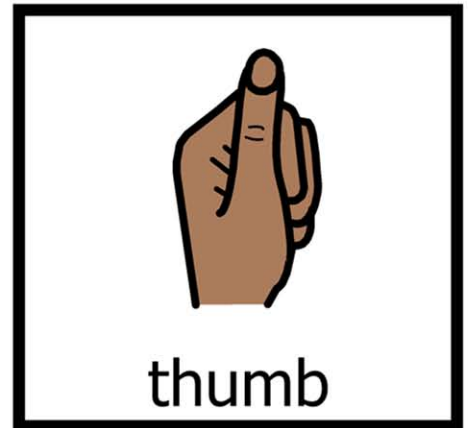
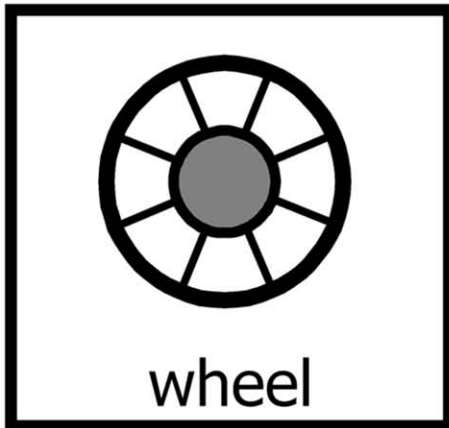
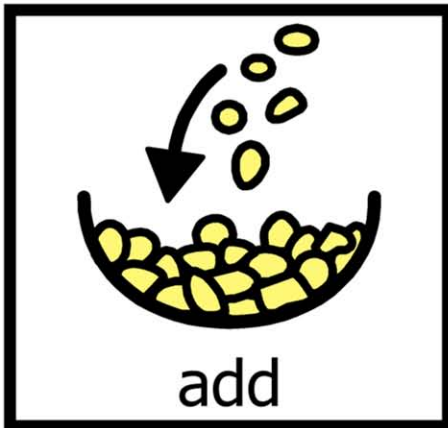
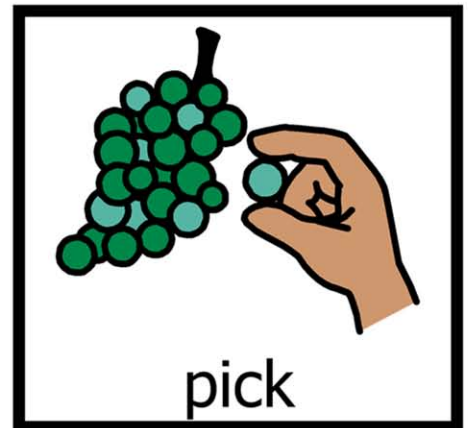
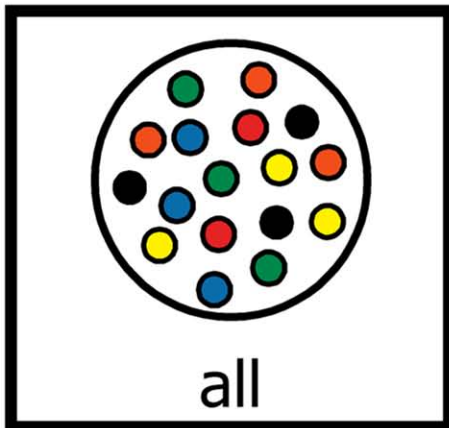
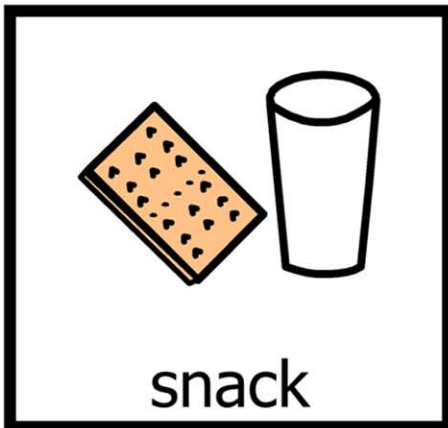
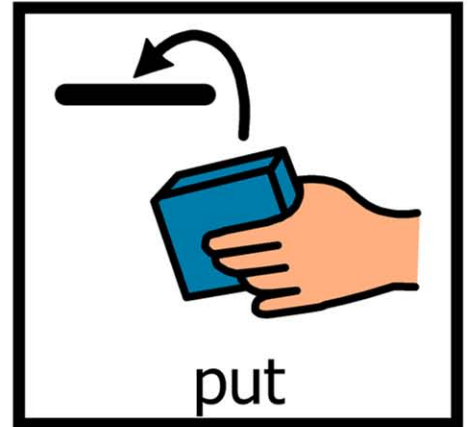
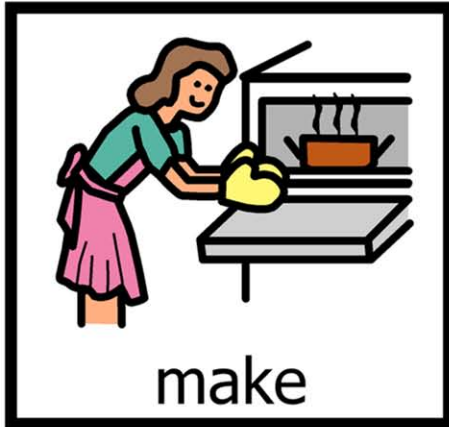
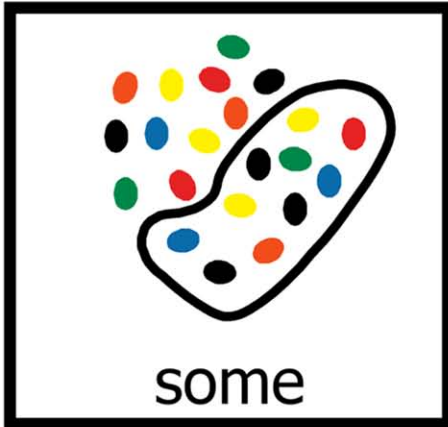
Bingo Playing Card



Bingo Playing Card



Bingo Playing Card




Bingo Playing Card




A red plus sign, a thumbs-up hand, and a smiling brown egg.

healthy



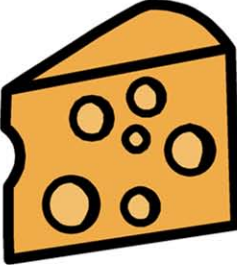
A woman in a green shirt and pink apron is cooking at a stove.

make



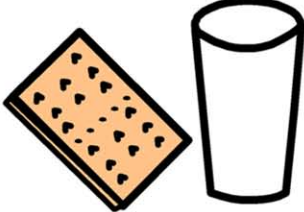
A hand placing a blue box on a surface, with an arrow indicating the direction of movement.

put




A wedge of Swiss cheese with holes.

cheese



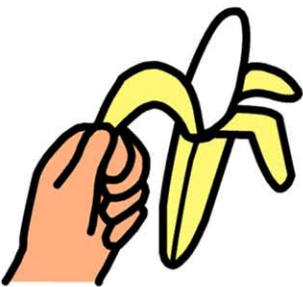
A rectangular cracker and a glass of milk.

snack




The number 1.

one



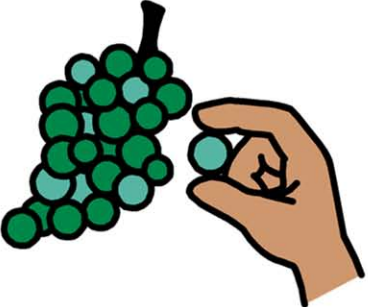
A hand peeling a yellow banana.

peel



A bowl of yellow corn with an arrow pointing to it from above.

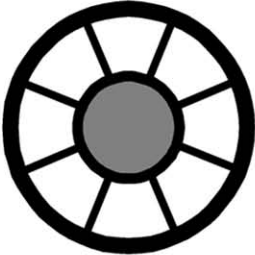
add



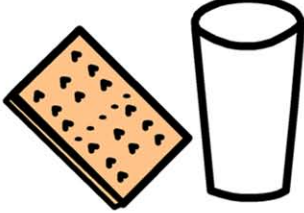
A hand picking a green grape from a bunch.

pick

Bingo Playing Card




wheel




snack



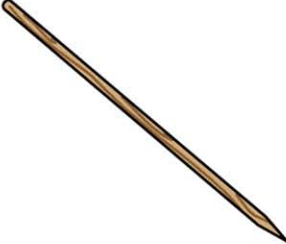
healthy



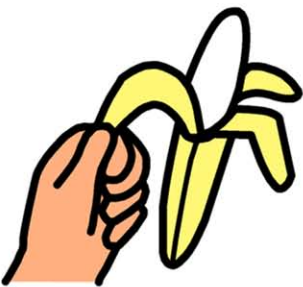
eat



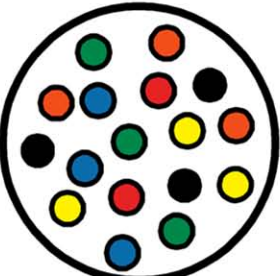
one



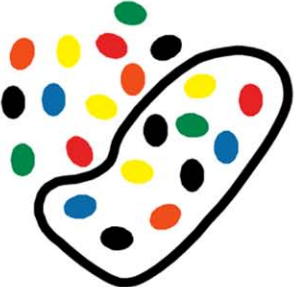
stick



peel

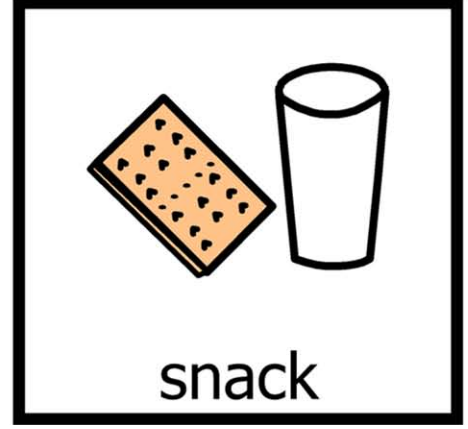
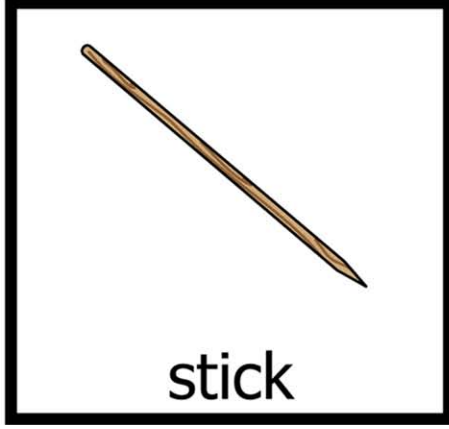
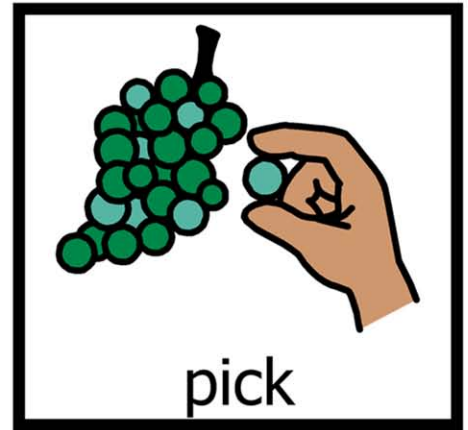
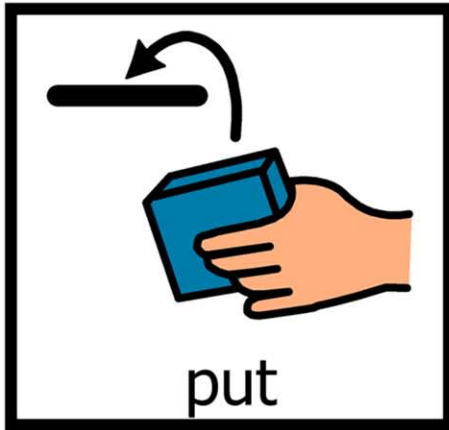
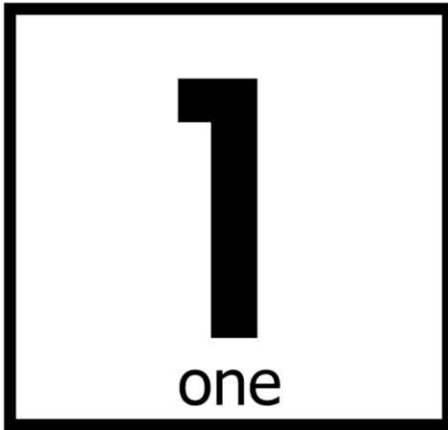
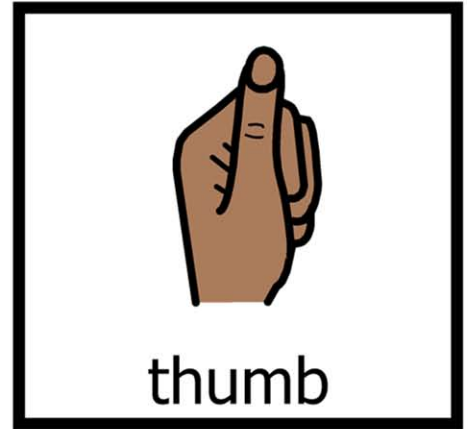
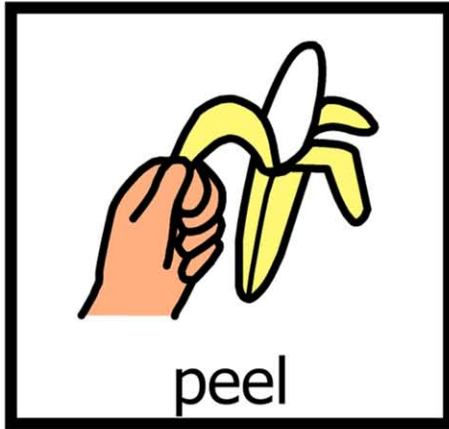
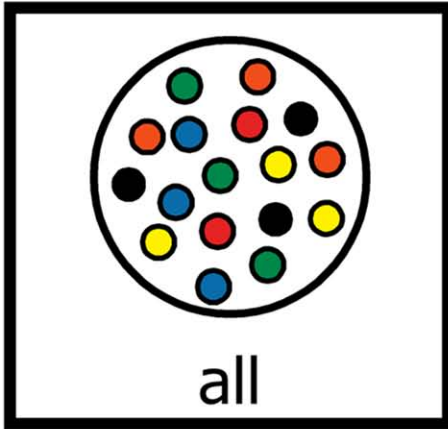


all

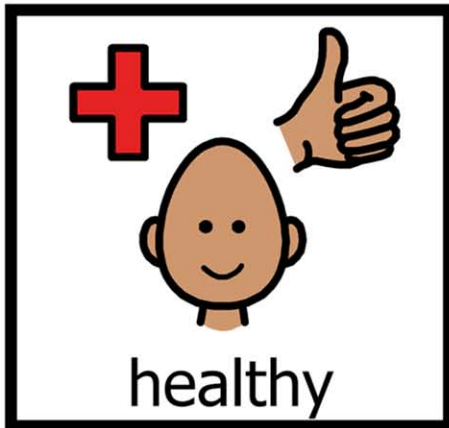
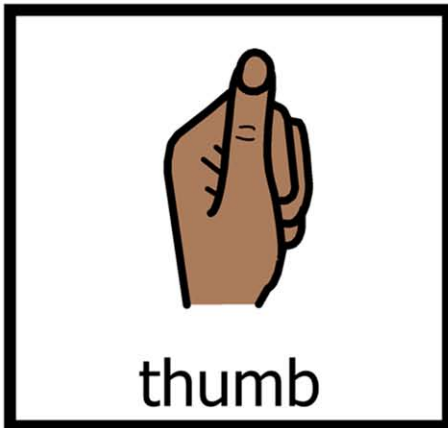
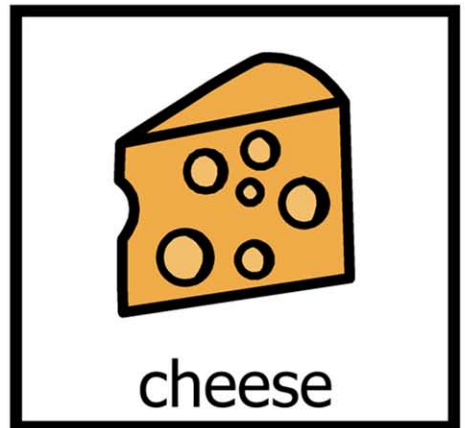
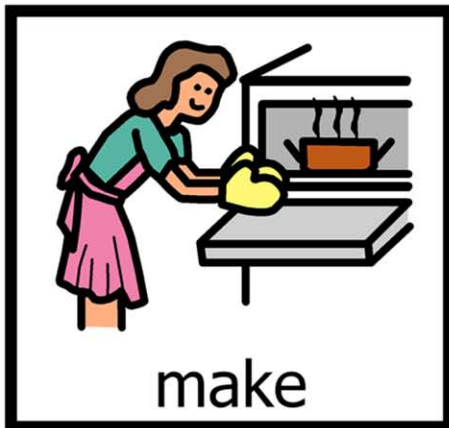
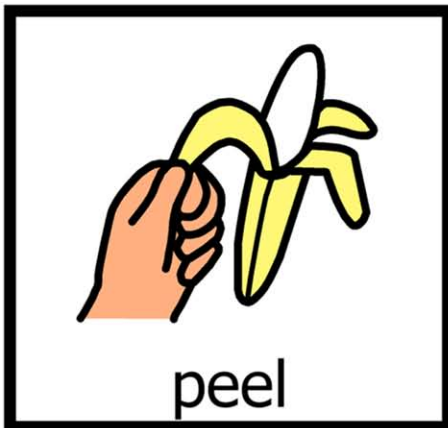
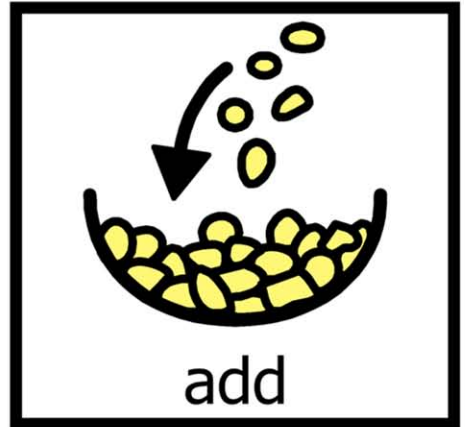
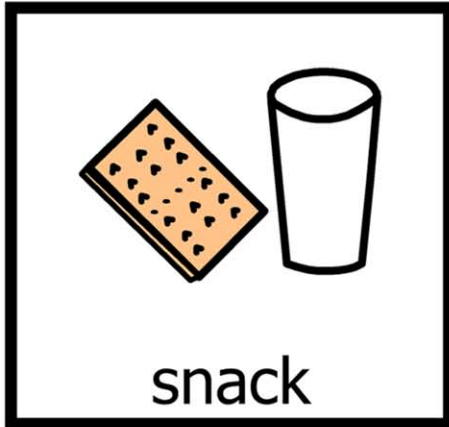
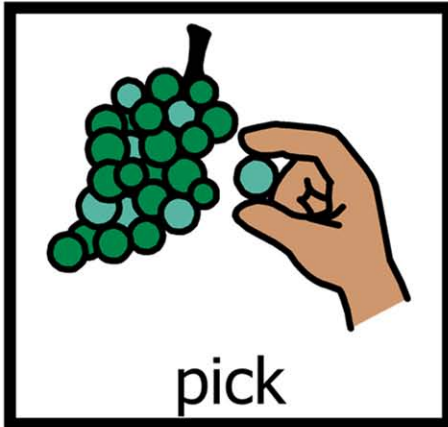


some

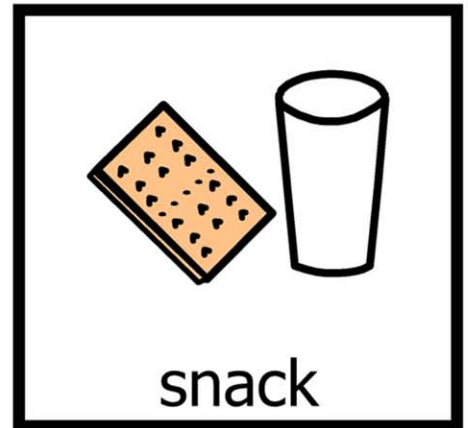
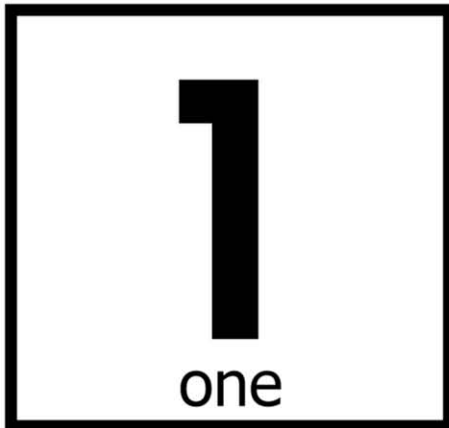
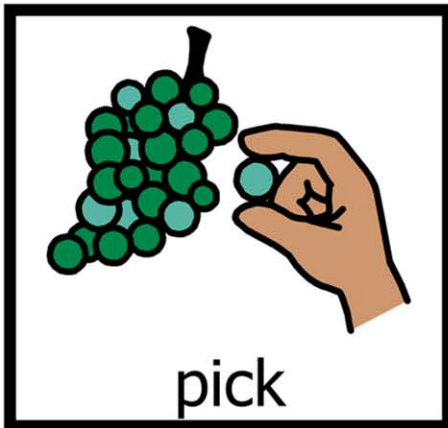
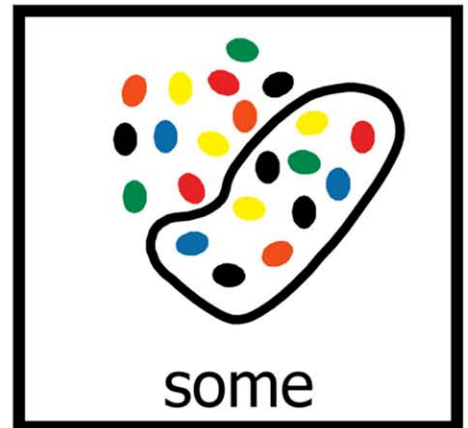
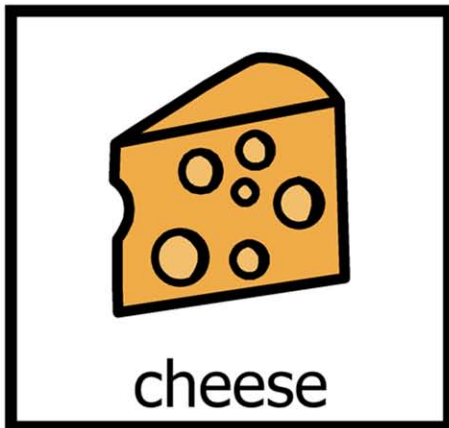
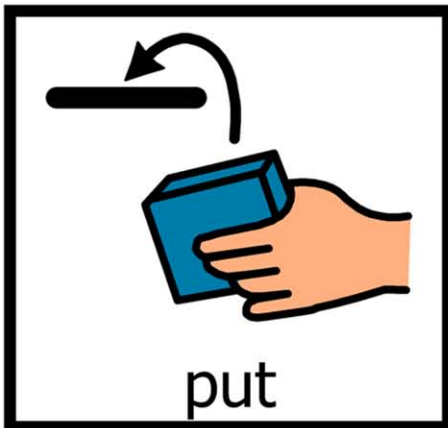
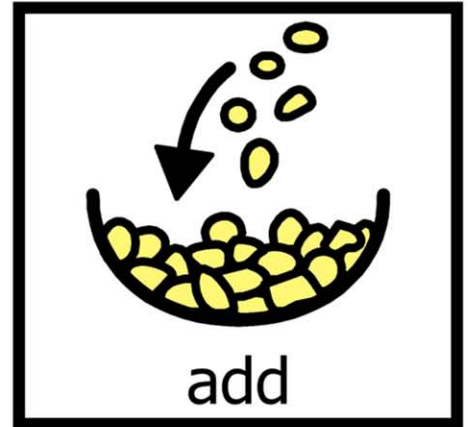
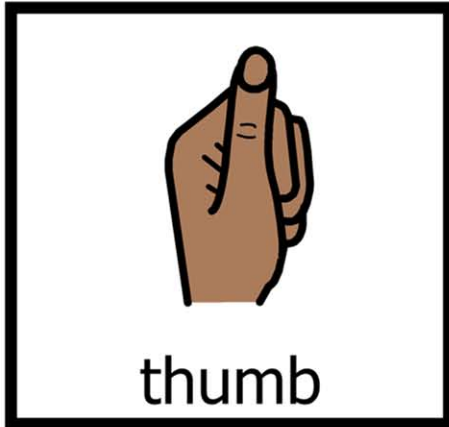
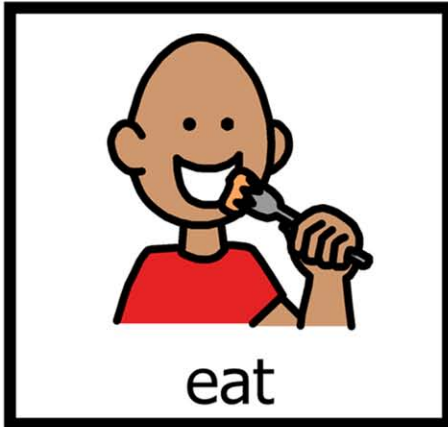
Bingo Playing Card



















Bingo Playing Card



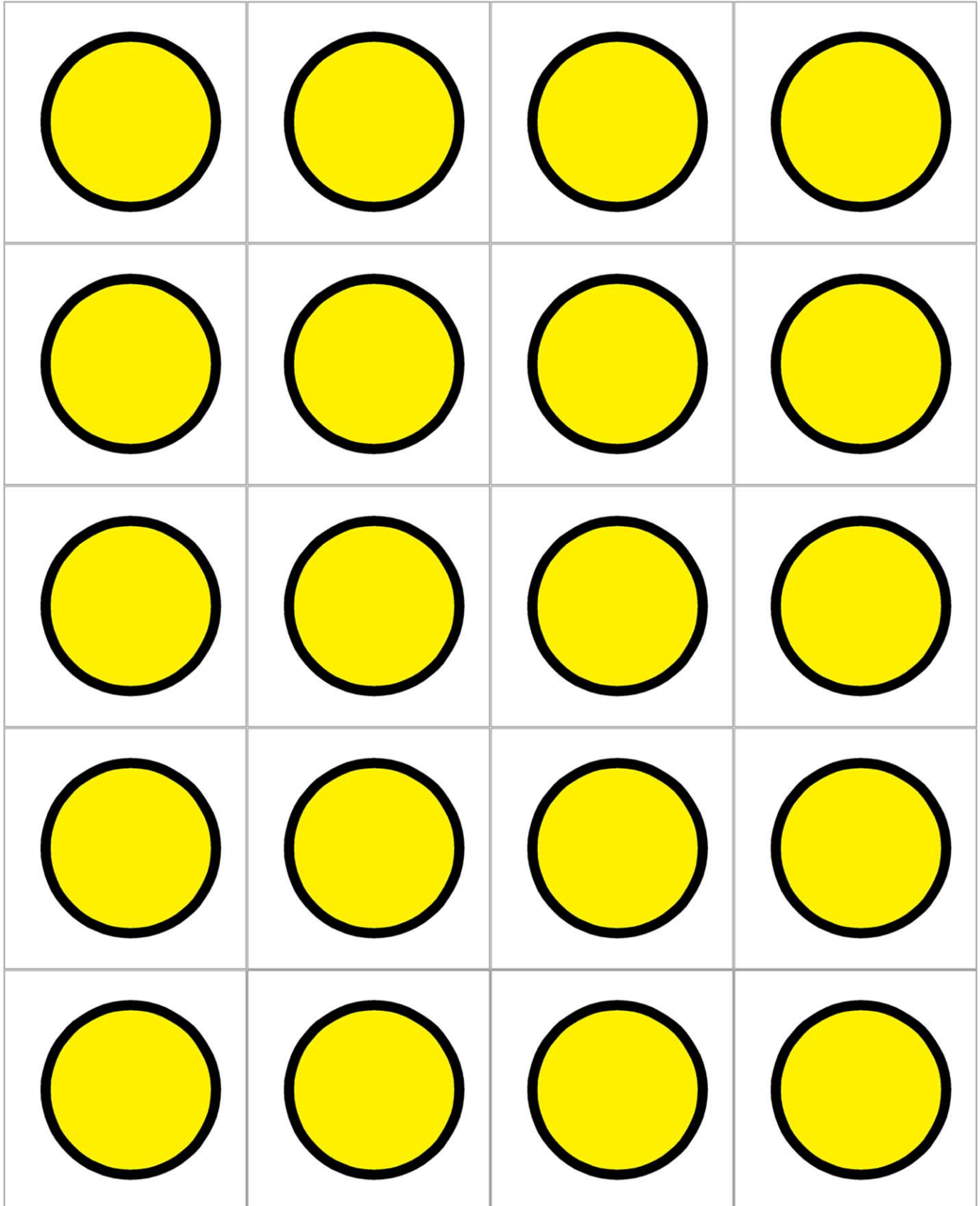
Bingo Playing Card

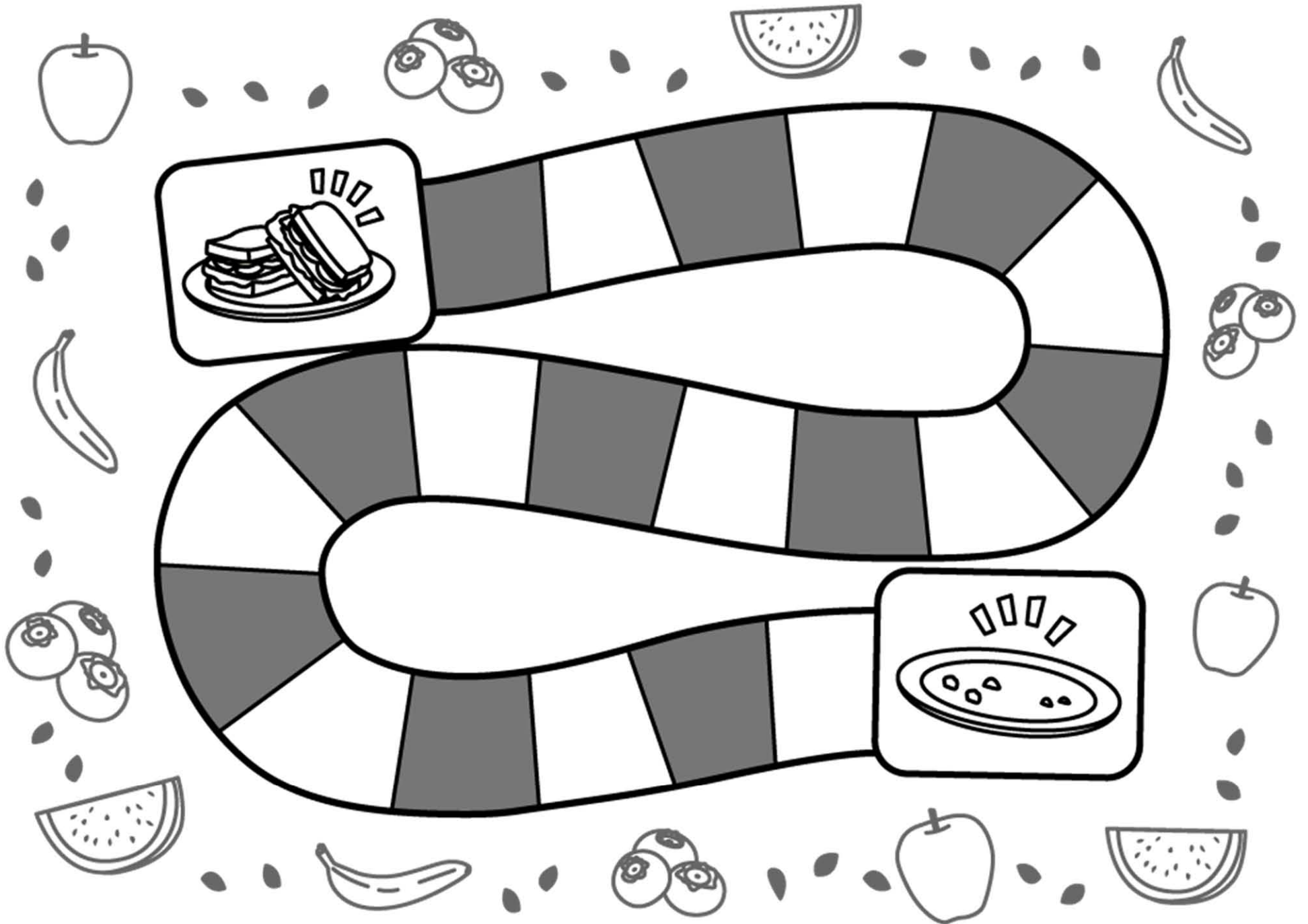


Bingo Calling Card

 <p>healthy</p>	 <p>eat</p>	 <p>peel</p>	 <p>pick</p>
 <p>snack</p>	 <p>one</p>	 <p>wheel</p>	 <p>add</p>
 <p>all</p>	 <p>thumb</p>	 <p>put</p>	 <p>cheese</p>
 <p>some</p>	 <p>what</p>	 <p>stick</p>	 <p>make</p>


Cut out the tokens and have the student place them on the bingo squares when an item is called.























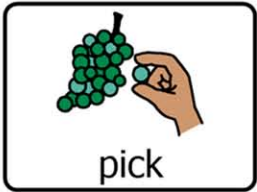
Rules

- Put your playing pieces on the "Start" square.
- When it's your turn, draw a question card from the deck.
- If you answer the question correctly, roll the die and move forward that number of spaces.
- First player to reach the finish wins!

<p>When something is good for you, it is _____.</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>healthy</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>unhealthy</p> </div> </div> <p>healthy</p>	<p>Which of these would you peel?</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>potato</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>water bottle</p> </div> </div> <p>potato</p>	<p>Which is a healthy snack?</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>orange</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>lollipop</p> </div> </div> <p>orange</p>
<p>A type of food made from milk is _____.</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>bread</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>cheese</p> </div> </div> <p>cheese</p>	<p>Which is NOT a healthy snack?</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>cake</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>vegetables</p> </div> </div> <p>cake</p>	<p>Which shows a snack?</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>crackers</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>desk</p> </div> </div>
<p>Healthy means something that is:</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>bad for you</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>good for you</p> </div> </div> <p>good for you</p>	<p>Which of these is healthy?</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>candy bar</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>broccoli</p> </div> </div> <p>broccoli</p>	<p>A snack is usually _____.</p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>huge</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;">  <p>small</p> </div> </div> <p>small</p>

<p>Which would make a good snack?</p> <div data-bbox="128 373 380 560">  <p>banana</p> </div> <div data-bbox="413 373 665 560">  <p>nails</p> </div> <p>banana</p>	<p>Which of these would you peel?</p> <div data-bbox="779 373 1031 560">  <p>banana</p> </div> <div data-bbox="1064 373 1316 560">  <p>rock</p> </div> <p>banana</p>	<p>Which word describes a carrot?</p> <div data-bbox="1430 373 1682 560">  <p>healthy</p> </div> <div data-bbox="1715 373 1967 560">  <p>junk food</p> </div> <p>healthy</p>
<p>Which is something you eat?</p> <div data-bbox="128 797 380 984">  <p>snack</p> </div> <div data-bbox="413 797 665 984">  <p>truck</p> </div> <p>snack</p>	<p>Which shows a picture of a snack?</p> <div data-bbox="779 797 1031 984">  </div> <div data-bbox="1064 797 1316 984">  </div>	<p>Which of these is healthy?</p> <div data-bbox="1430 797 1682 984">  <p>apple</p> </div> <div data-bbox="1715 797 1967 984">  <p>cookie</p> </div> <p>apple</p>
<p>Which is a small meal you eat between big meals?</p> <div data-bbox="128 1219 380 1406">  <p>dinner</p> </div> <div data-bbox="413 1219 665 1406">  <p>snack</p> </div> <p>snack</p>	<p>When you take off the outer part of something, you _____ it.</p> <div data-bbox="779 1219 1031 1406">  <p>cook</p> </div> <div data-bbox="1064 1219 1316 1406">  <p>peel</p> </div> <p>peel</p>	<p>Which of these is a healthy snack?</p> <div data-bbox="1430 1219 1682 1406">  <p>raspberries</p> </div> <div data-bbox="1715 1219 1967 1406">  <p>jelly beans</p> </div> <p>raspberries</p>

Some snacks you can _____.



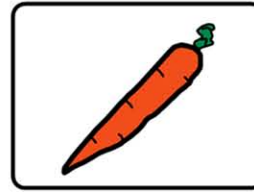
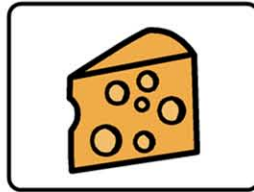
pick



buy at the
pet store

pick

Which shows a picture of cheese?

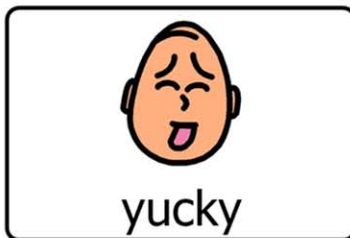


Name: _____

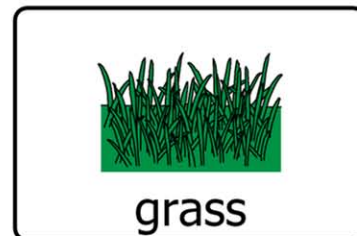
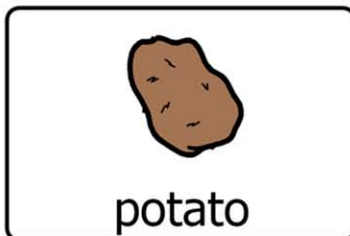
Quiz

Circle the correct answer.

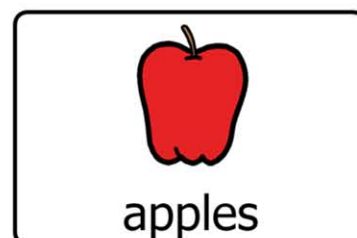
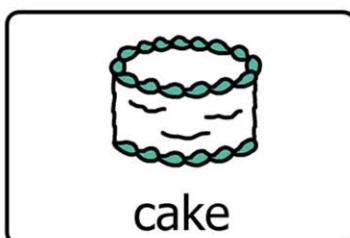
1. When something is good for you, it is _____.



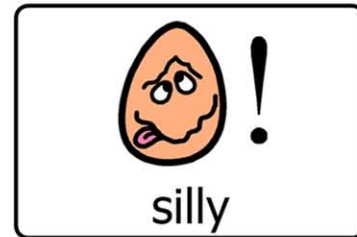
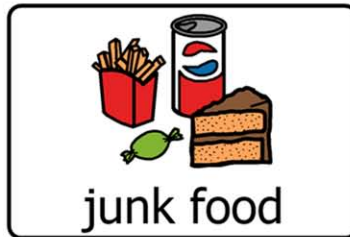
2. Which of these would you peel?



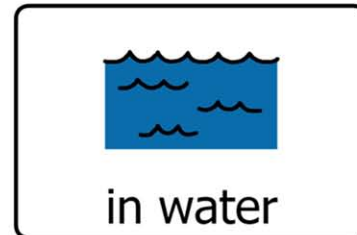
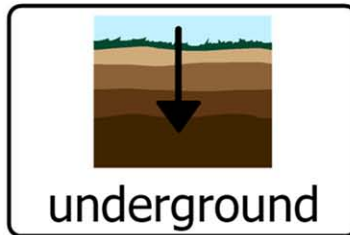
3. Which is NOT a healthy snack?



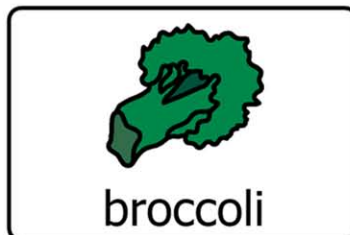
4. Which of these describes a carrot?



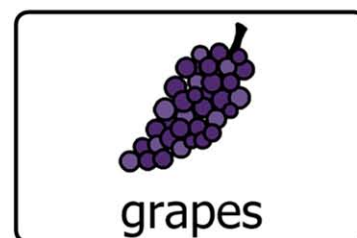
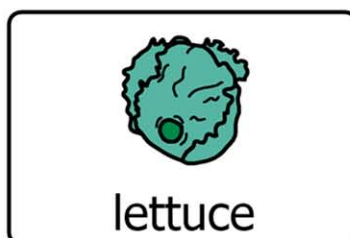
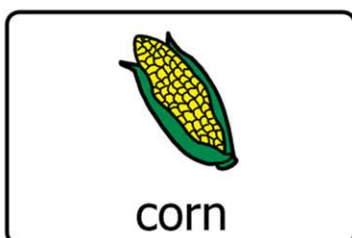
5. Where do carrots grow?



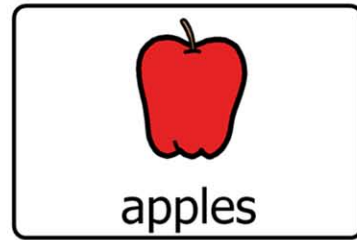
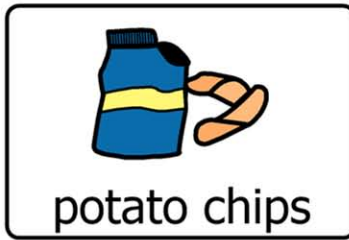
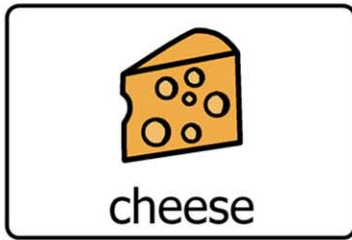
6. Which of these is healthy?



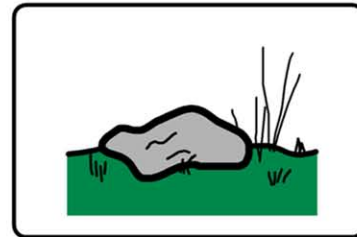
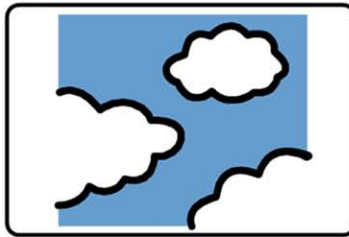
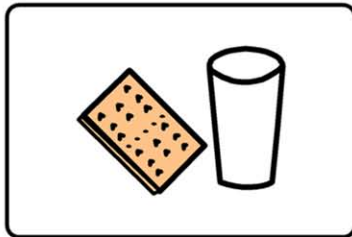
7. Which of these foods is yellow?



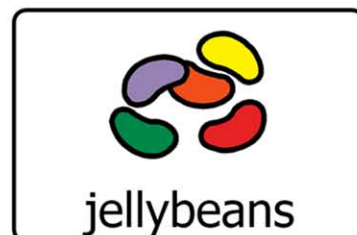
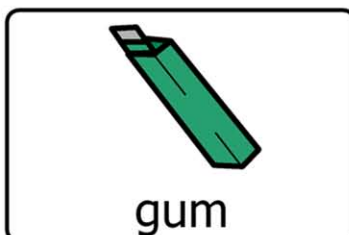
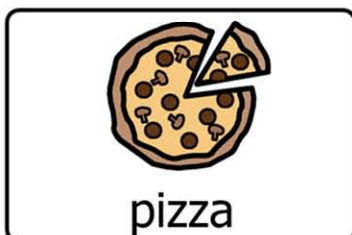
8. A type of food made from milk is _____.



9. Which of these shows a snack?

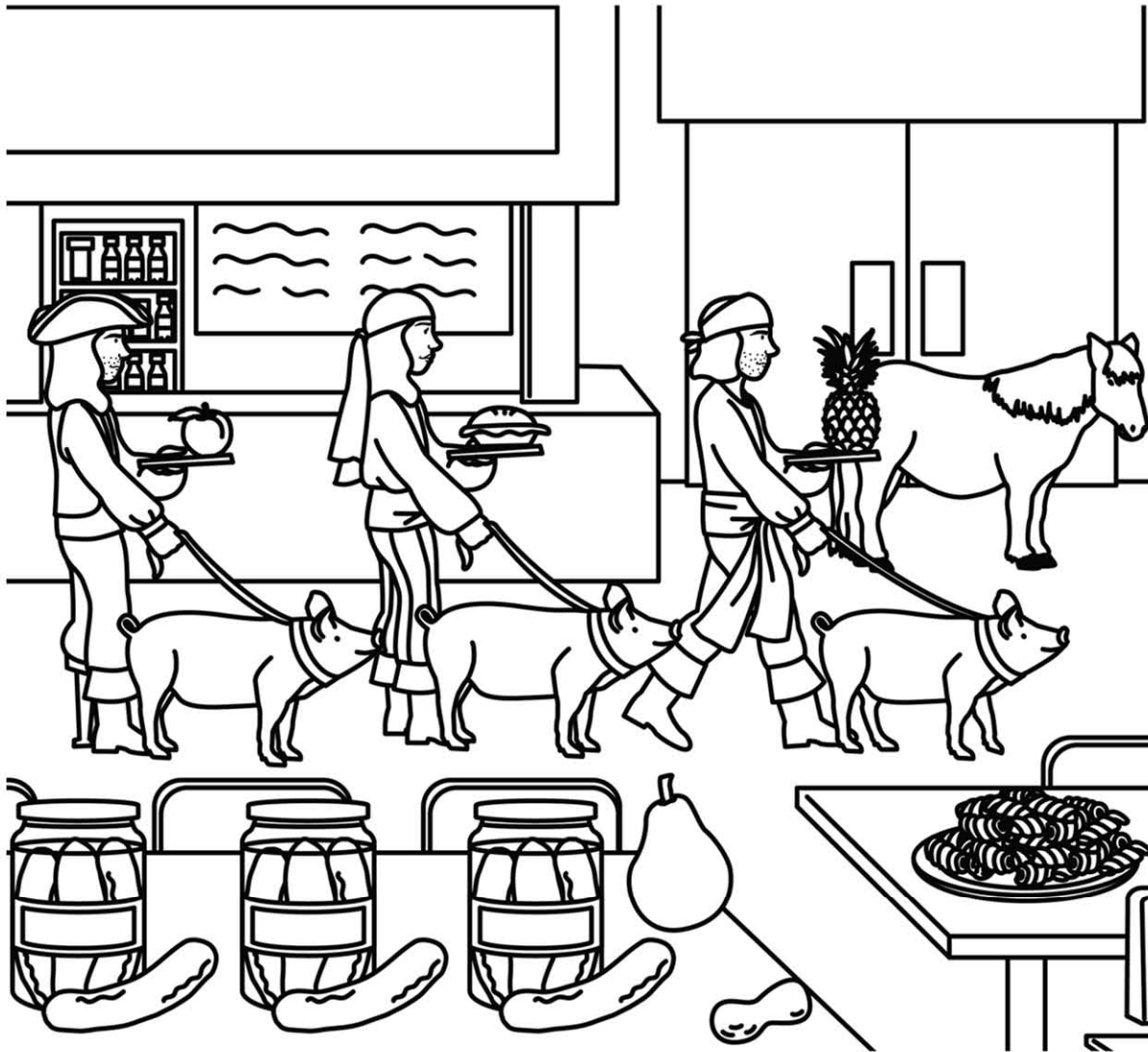


10. Which food usually has cheese on it?



Find the Object

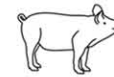
Find all of the /p/ words.



pear



peach



pig



pickle



pasta



pineapple



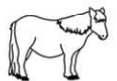
pie



peanut



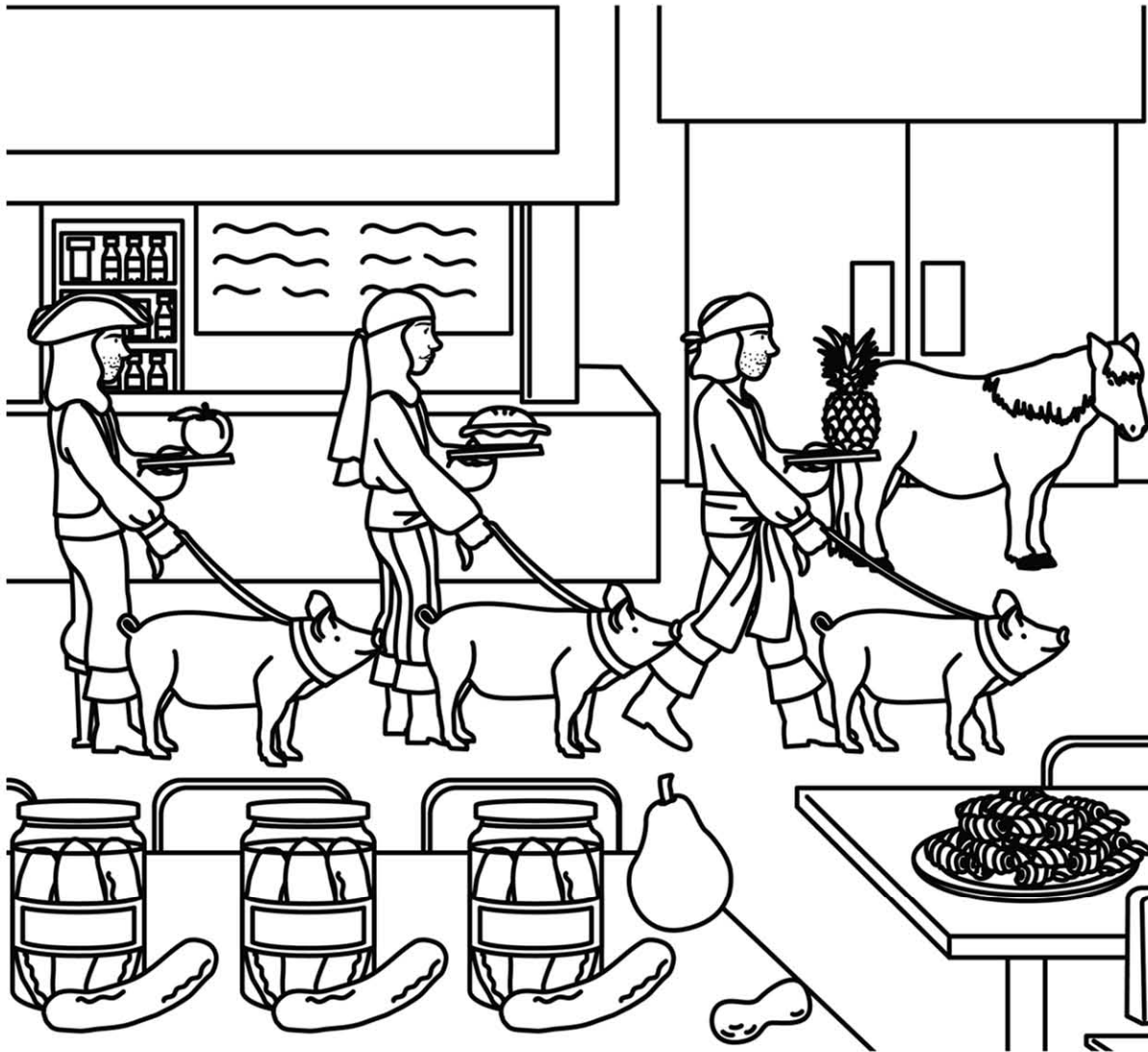
pirate



pony

Find the Object

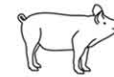
Find all of the /p/ words.



pear



peach



pig



pickle



pasta



pineapple



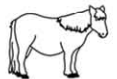
pie



peanut





pirate



pony



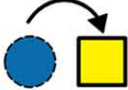














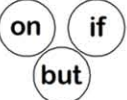







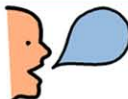
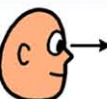









Core Words

 what	 I	 is/am	 want	 not	 This week's vocabulary
 who	 you	 can	 like	 more	 Personal
 where	 it	 do	 go	 a	 Little Words
 when	 he	 have	 stop	 and	 Actions
 why	 she	 help	 put	 the	 Descriptions
 which	 we	 will	 get	 that	 QuickFires






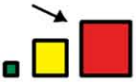
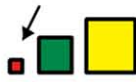








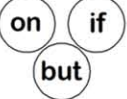

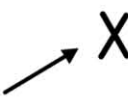





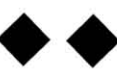









Little Words

 about	 an	 any	@ at	 because	 Back
 but	 else	 ever	 every	 for	 Personal
 from	 if	 just	 maybe	 of	 Little Words
 or	 really	so so	than than	 then	 Actions
 these	 this	 those	 to	 too	 Descriptions
 until	 very	 while	 with	yet yet	 QuickFires

Actions

 are	 ask	 change	 come	 drink	 Back
 eat	 feel	 find	 finish	 give	 Personal
 happen	 know	 let	 listen	 look	 Little Words
 love	 make	 need	 open	 play	 Actions
 read	 say	 see	 show	 take	 Descriptions
 tell	 think	 try	 turn	 use	 QuickFires

Descriptions

 all	 some	 none	 before	 after	 Back
 big	 little	 up	 down	 on	 Personal
 off	 good	 bad	 right	 wrong	 Little Words
 here	 there	 done	 again	 in	 Actions
 out	 same	 different	 later	 loud	 Descriptions
 quiet	 new	 old	 slow	 fast	 QuickFires

This Week's Vocabulary - Food Choice



healthy




snack



cheese



peel




apple



Back




grapes




carrots



nuts



banana



orange



Personal

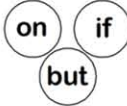
Blank box

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Blank box



Little Words

Blank box

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Blank box

Blank box

Blank box



Actions

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Blank box

Blank box

Blank box

Blank box



Descriptions

Blank box

Blank box

Blank box

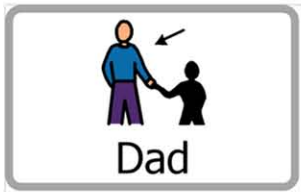
Blank box

Blank box



QuickFires

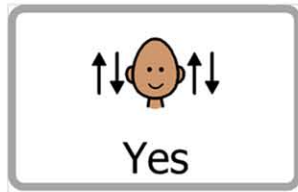
QuickFires



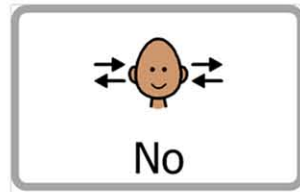
Dad



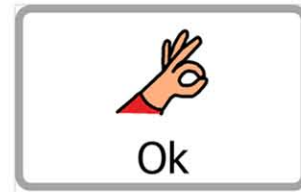
Mom



Yes



No



Ok



Back



Don't



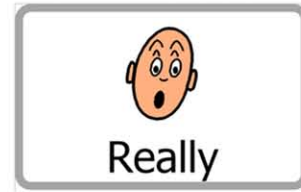
No way



Good



Bad



Really



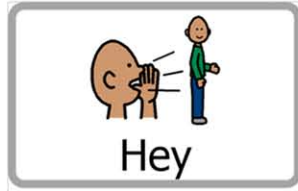
Personal



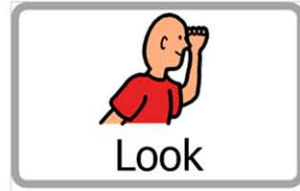
Wait



I don't know



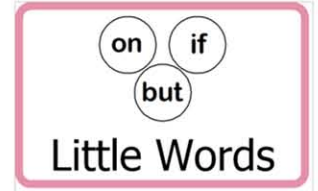
Hey



Look



Come here



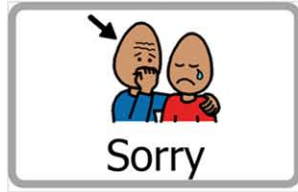
Little Words



Please



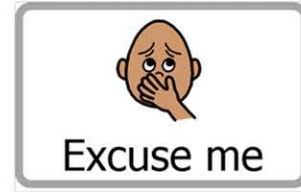
Thank you



Sorry



You're welcome



Excuse me



Actions



What?



Where?



Who?



Why?



When?



Descriptions



Hi



How are you?



Bathroom



Thirsty



Hungry



QuickFires

Classroom Support

Cut out the fruit. Add a fruit to the basket after completing an activity.

